



Resurrection Review

February 1 2017

Volume 20, Issue 5

Calendar of Events

Wednesday, Feb 1

OFFICE CLOSED

10:30 am Food Bank
Volunteering

1:30 pm Food Bank
Volunteering

Thursday, February 2

OFFICE CLOSED

4:30 pm Intro to Yoga Align

5:30 pm Yoga Align Level 2

Friday, February 3

OFFICE CLOSED

Sunday, February 5

SOUPER BOWL OF CARING

8:00 am Worship

10:00am Worship

Tuesday, February 7

11:00 am Fiber Arts

*Fifth Sunday after
the Epiphany*

Office hours: Mon 12-3pm, Tues, Wed, Fri 9am-12pm, Thur 10-1pm

Dear Friends,

I'm so glad we have a whole month to get ready for *next* month!

Let's start with **Lent**, which begins on Wed. March 1st. We will have two Eucharistic services that day, one at 12, noon and the other at 6 pm. Both services will include the "imposition of ashes" (a term which Jill reminds me sounds a little harsh!). But maybe the term fits. Death imposes itself on us all, whether we like reminding or not. Better than denial or fear, receiving ashes is the invitation to live conscious of God's gracious and ongoing call for repentance, renewal and thus, joy.

The night before Lent starts is called Shrove Tuesday, and is famous for having fun and yummy pancakes together. Right now we are trying to decide if we are going to have fun here or go over and join our friends at Advent Lutheran. Stay tuned!

Lent is also an excellent time to take on a Lenten practice of fasting, almsgiving, and/or prayer. Studying our faith and the Bible together can be an excellent way to get ready for all three. We will have two gatherings to choose from during Lent. For five weeks, (starting on Wednesday, March 8th through April the 5th) we will gather in the parish hall at both 1 and 7 pm. for an hour (or so) of prayer, Bible study, and faith sharing. The first group will be open to all, the second (evening) group will reconnect the *Women's Radical Healing Group* that met together last year (and any other women!). Once the actual groups get together they can decide if they want to put together a lunch and or bite of dinner before each meeting.

There are two books we are now looking at for the two gatherings. The first is **The Passionate Jesus: What We Can Learn From Jesus about Love, Fear, Grief, Joy, and Living Authentically**, by the Rev. Peter Wallace. The second is **Joy: The Book of Happiness in a Changing World** by Archbishop Tutu and His Holiness the Dalai Lama.

Let's do this. The afternoon group (starting at 1) will study **The Passionate Jesus** and the 7 o'clock women's group will take on **Joy**. As said above, both groups will have time for prayer and a short Bible study. For this we will take on the Bible readings for the upcoming Sunday.

Please help spread the word and sign up soon so I can have the books available.

Blessings,
Rev. Linda

Congratulations John Sahr

On February 5th, the Resurrection/Worship team will lose one of our most faithful/devoted members. John Sahr has served as SubDeacon & Eucharistic Minister at the 8am service for many years. We will miss John's quiet and talented service at the altar. Thank you John, we will miss you but enjoy retirement.



Coffee Hour Sign-Up

The sign-up sheet for coffee hour is on the welcome table. If you would like to host a coffee hour, please make sure to sign up with your name and phone number. Marie Mitchell is also looking for people who want to help her organize and recruit hosts for coffee hours as well. If you are interested in helping Marie please contact her at 795-4198



Food Bank Volunteers

If you were one of the wonderful people, who signed up to work at the Spokane Valley Food Bank, on one of our Feb Wednesday spots, please go to the door located at the south-west corner of the building (10814 E Broadway) and ask for Cheryl Thompson. Thanks again to everyone who has signed up so far!!



Souper Bowl of Caring

Well Seahawks fans, your season is over. However, even if you're not a fan of the Patriots or Ravens you can still use the Super Bowl to help others in our community.

On **Sunday, February 5th** there will be two baskets set up for donations. Brings your coins or bills and put them into the basket for the team you hope will win the Super Bowl. All proceeds will be donated to Spokane Valley Meals on Wheels. The winner of the Resurrection Souper Bowl will be announced in the February 8TH Resurrection Review, and on Facebook.



Yogalign Classes

Intro to Yogalign is designed for those new to the Yogalign method of exercise. Yogalign uses safe and painless body positions and breathing techniques to achieve optimal alignment and increase strength, flexibility, and joy.

Yogalign Level 2 is designed for those familiar with the Yogalign principles of optimal alignment and Breathing, using Yogalign techniques. Modifications are always offered to fit any fitness level. Please contact Lynn 939-5740 if you have any questions!



Rev. Linda Away Feb 6-10

Rev. Linda will be away next week for a Clergy retreat. Please contact Linda Bordwell (509-466-6631) or Nola Combs (509-891-7647) if you have any pastoral emergency.



Resurrection Volunteers Needed (for Valley Food Bank)



Every February Resurrection members donate their time to help out at the Spokane Valley Food Bank. This year we will be volunteering our time on Wednesday Feb 1st, 8th, 15th, and 22nd. Ideally we would like to get 4 volunteers each day. Currently we have the following positions still open:

Wed February 1

Need 1 10:30-1:00
Need 2 1:30-4:00

Wed February 8

Need 2 1:30-4:00

Wed February 15

Need 1 1:30-4:00

Wed February 22

Need 2 10:30-1:00
Need 1 1:30-4:00

If you have any please contact the office 509-926-6450.

Assisting with Worship February 5

SubDeacon:

8am:
10am: Linda Bordwell

LEM:

8am: Pat Munts
10am: Jeremy Armstrong

Lectors:

8am: Maxine Schmitz
10am: Karen Gertson

Acolytes: Collin Armstrong
Brooke Geffrey-Bowle

Altar Guild: Arlene Lee
Meloni Armstrong

Ushers: Craig Crago
Barbara Crago

Counters: Arlene Lee
DeAnn Waterman

Send sweet treats to your **Valentine** and help feed seniors in need!



New to Our Church?

If you are new to our church, we'd like to get to know you more and make sure you are receiving important information about the church events. Please feel free to contact the office and let Jill know you would like to subscribe to the newsletter. 509-926-6450

Each Cinn-A Gram Includes:

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Tuesday, February 14th, 2017

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CONTACTS

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Sr. Warden: Martha Sherwin

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Church Leadership

Bishop

The Rt. Rev. James E. Waggoner Jr.

Priest Rev. Linda Bartholomew

Sr. Warden Martha Sherwin

Jr. Warden Dave Newton

Finance Chuck Schmitz

New Members Merry Young

Worship Pat Munts

Community Life

Education Scott Oakshott

Youth Minister Maura Buzby

Outreach Carol Allen

Communications Richard Chan

Sexton Lee Samuelson

Please send all correspondence
(especially monetary) to:

**PO BOX 14771
Spokane, WA 99214**

Lessons for February 5

FIRST LESSON: (Isaiah 58:1-12) A denunciation of the injustice of those who only act at their religion. There is a promise of the Lord's favor for those who genuinely repent and care for the needy.

PSALM: (Psalm 112:1-9) Blessed are those who are right with the Lord, who are just and generous to those in need.

SECOND LESSON: (1 Corinthians 2:1-16) Paul teaches the Corinthians that the wisdom of God is very different from the wisdom in which humans pride themselves

GOSPEL: (Matthew 5:13-20) Disciples are like salt and as light to the world. They are to live even more righteously than the pious scribes and Pharisees.



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