



Resurrection Review

January 4 2017

Volume 20, Issue 42

Calendar of Events

Thursday, January 5

4:30 pm Intro to Yoga Align

5:30 pm Yoga Align 2

Sunday, January 8

8:00 am Worship

10:00am Worship

Tuesday, January 10

11:00 am Fiber Arts

Thursday, January 12

4:30 pm Intro to Yoga Align

5:30 pm Yoga Align 2

Sunday, January 15

8:00 am Worship

10:00am Worship

11:00 am Annual Mtg

Office hours: Mon 12-3pm, Tues, Wed, Fri 9am-12pm, Thur 10-1pm

Dear Friends,

In 2014 Charles Duhigg came out with a best seller he called: **The Power of Habit: Why we do what we do in Life and Business**. It became an instant bestseller with tantalizing chapters like: **The Habit Loop: How Habits Work**. **The Craving Brain: How to Create New Habits**. **The Golden Rule of Habit Change: Why Transformation Occurs**. I suspect the tacit part of the book's usefulness lies in its hopefulness. In one story after another Duhigg details how developing positive routines that leave us both productive and hopeful.

For many the beginning of the New Year is the time we shyly or not so shyly look at our lives, our habits: at what is working and what is not. Here is just one passage to whet your whistle:

“Hundreds of habits influence our days – they guide how we get dressed in the morning, talk to our kids, and fall asleep at night; they impact what we eat for lunch, how we do business, and whether we exercise or have a beer after work. Each of them has a different cue and offers a unique reward. Some are simple and others are complex, drawing upon emotional triggers and offering subtle neurochemical prizes. But every habit, no matter what its complexity, is malleable. The most addicted alcoholics can become sober. The most dysfunctional companies can transform themselves. A high school dropout can become a successful manager.

However, to modify a habit, you must DECIDE to change it. You must consciously accept the hard work of identifying cues and rewards that drive the habits, routines, and find alternatives. You must know you have control and be self-conscious enough to use it.” (270).

This Christmas season angelic voices urge us to the largely unexplored habit of peace. It is *the* unique gift of this particular Christ child.

“Peacemaking doesn't mean passivity. It is the act of interrupting injustice without mirroring injustice. The act of disarming evil without destroying the evildoer. The act of finding a third way that is neither fight nor flight but the careful, arduous pursuit of reconciliation and justice. It is about the revolution of love that is big enough to set both the oppressed and the oppressors free. (**A Liturgy for Ordinary Radicals**, page lost).

How exciting to start a new year together as once again God believes in us even more than we believe in ourselves, and evidently finds us worthy to carry on with the greatest news of all. Peace, and much love.

The Rev. Linda and Adam Bartholomew

*2nd Sunday after
Christmas*

House of Charities Collection

We are happy to announce, that on Christmas Eve, our Christmas Collection for the House of Charities was \$500. Thank you Resurrection for your generosity.



Worship Server



Pat Munts is currently working on server schedules for the months of Jan, Feb, and Mar. Please make sure to send her your availability so she can make any necessary adjustments.



Save the Date

The Resurrection Annual Meeting will be held on Sunday, January 15th,

following the 10am services. Please join us as we discuss our numerous accomplishments during the 2016 year, say goodbye to Vestry members who are completing their term, and vote in new members and discuss our vision for a full 2017 year.

Annual Meeting Food



A lunch will be included at the annual meeting. Please have in mind a dish, salad, or dessert to share. The church will provide soup. Just a reminder, **we are a peanut free church**. As always, gluten free/nut free/dairy free dishes are especially welcome. Please indicate if they are such!

Thanks, Linda



Tri-Parish Meeting

The next Tri-Parish meeting will be held on January 18th at 5:00pm.

Priest on Vacation



Rev. Linda and Rev. Adam will be away, visiting their grandchildren, from Thursday, January 5th through Saturday, January 14th.

If you have any pastoral needs or concerns, please contact Linda Bordwell 638-7015 or Nola Combs 891-7647.



Community Garden



The Community Garden group continues to amaze us every year with their bountiful harvests. This year the garden managed to take 1,226 lbs of fresh vegetables to the Food Bank. In addition, from Jan -Dec of 2016, our congregation managed to collect 1,069 lbs in canned donations, pet food and paper products for the food bank. That brings our running total from 2012-2016 to over 6.98 tons of food, donated to the food bank. Nice job Resurrection!

Need a Helping Hand?

If you have a need for a meal to be brought to you, if you are ill or in crisis, please contact the Daughters of the King. Nancy Dube' at 928-3374.



A Prayer for our Diocese

Ever living God, we greet this New Year with gratitude: For the ministries of Jim, our retiring bishop and Gloria his spouse; for Gretchen, our bishop-elect, and for the diocesan leaders who have guided us through this transition. Watch over Jim and Gloria, we pray, as a new chapter opens in their lives; guide Gretchen and her team in the first steps of her new role and responsibility in ministry among us; and give us all a spirit of community and openness as we move ahead. We pray this in the name of Jesus, who gives us light and life. Amen



Assisting with Worship January 8	
SubDeacon:	
8am:	
10am:	
LEM:	
10am:	
Lectors:	
10am:	
Acolytes:	
Altar Guild:	Linda Bordwell Joan Gurule
Ushers:	Dave Newton Tom Sernka
Counters:	Arlene Lee DeAnn Waterman



“Advent Light”

All over the U.S. those who found themselves on opposite sides of the political divide are now wondering how we can sit across the table and "talk turkey." Use Advent as an opportunity to de-escalate and renew our bonds as we practice listening with compassion. Come join a guided time of prayer and discussion as we invite the light of Christ into all of our perspectives. If you have articles you would like to share with the group please bring them. The Women's Radical Healing Group will continue meeting in mid Jan.

Consecration of Bishop Elect

The consecration of Bishop Elect Gretchen Rehburg will take place on Saturday, March 18th.

We will publish more information about this event as we receive more details.



Yogalign Classes

Intro to Yogalign is designed for those new to the Yogalign method of exercise. Yogalign uses safe and painless body positions and breathing techniques to achieve optimal alignment and increase strength, flexibility, and joy.

Yogalign Level 2 is designed for those familiar with the Yogalign principles of optimal alignment and Breathing, using Yogalign techniques. Modifications are always offered to fit any fitness level. Please contact Lynn 939-5740 if you have any questions!

CONTACTS

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Sr. Warden: Martha Sherwin

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Church Leadership

Bishop

The Rt. Rev. James E. Waggoner Jr.

Priest Rev. Linda Bartholomew

Sr. Warden Martha Sherwin

Jr. Warden Dave Newton

Finance Chuck Schmitz

New Members Merry Young

Worship Pat Munts

Community Life

Education Scott Oakshott

Youth Minister Maura Buzby

Outreach Carol Allen

Communications Richard Chan

Sexton Lee Samuelson

Please send all correspondence
(especially monetary) to:

**PO BOX 14771
Spokane, WA 99214**

Lessons for January 8

FIRST LESSON: (Isaiah 42:1-9) The mission of the Lord's servant, the one whom God has chosen to bring forth justice and salvation.

PSALM: (Psalm 29) The majesty of God is described in the likeness of a mighty thunderstorm.

SECOND LESSON: (Acts 10:34-43) Peter recognizes that the good news, which Jesus began to proclaim after his baptism, now extends to all peoples.

GOSPEL: (Matthew 3:13-17) The story of Jesus' baptism.



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