



Resurrection Review

March 16, 2016

Volume 19, Issue 10

Calendar of Events

Wednesday, March 16

6:00 pm St. Patrick's Day
"before" Potluck

Thursday, March 17

5:30 pm YogiAlign

Friday, March 18

OFFICE CLOSED

Sunday, March 20

PALM SUNDAY

8:00 am Worship
10:00 am Worship

Monday, March 21

6:30 am Discernment
Committee

Tuesday, March 22

11:00 am Fiber Arts

Thursday, March 24

5:30 pm YogiAlign
7:00 pm Maundy Thursday
Service

*The Passion –
Palm Sunday*

Office hours: Mon 12-3pm, Tues, Wed, Fri 9am-12pm, Thur 10-1pm

Dear Friends,

This morning I was listing all the people I know in our parish who are sick. I do this each week for my prayer list. This week the list was incredibly long, way too long to ignore!

In the meantime I have been re-reading a copy of a book by Kelly Turner, Ph.D. called **Radical Remission: The Nine Key Factors That Can Make a Real Difference**. The book is written for those struggling with cancer. Even though I do not have a cancer diagnosis, I am interested for many reasons. Many people I know and love do, and it is without a doubt, cancer is the plague of our nation that affects over 15 million people.

Turner's thesis is that there is ample evidence that people do sometimes have seemingly spontaneous remissions overturning even the direst diagnosis. She has traveled the world to ask the question, "*Why?*" Are there actually factors that can make a difference for the healing of cancer, and by implication, perhaps even other diseases? I love the breakdown of her findings:

**Radically Change your Diet
Taking Control of your Health
Following your Intuition
Using Herbs and Supplements
Releasing Suppressed Emotions
Embracing Social Support
Deepening your Spiritual Connections
Having Strong Reasons for Living**

Reading Turner's book is so clear that one doesn't have cancer can greatly benefit from many of her ideas. This would be just the kind of book we could read and learn from together. After all, healing is one way we understand the work of God. Healing is at the heart of God's intention for our world. It is the work of God's Holy Spirit, and of the whole community.

Let me invite you to join in a 4-week discussion of this book as it applies to our own lives. You can purchase your own book, and I will have a couple of copies on hand for those who simply want to peruse it. Most of all, bring your own questions and experiences of health and healing. We will begin meeting on Wednesday, March 30th, the week after Easter. Bring a dish for sharing to the parish hall at 6. The group will end promptly at 8.

Blessings,
Rev. Linda



St. Patrick's Day-before Potluck

On Wednesday, March 16th, bring your favorite "green" dish to share with your Resurrection family, for the Green Potluck dinner. Dinner will begin at 6:00pm

Help Fill our Easter Eggs

Please pick up a bag of plastic eggs on Sunday and bring them back to church on Easter Sunday, filled, for our Easter Egg Hunt.



Easter Brunch

Bring your favorite food to share Easter Morning. Please bring it either on a disposal plate, or plan to take your plate home for washing. We look forward to seeing everyone on a bright Easter Morning. Drinks will be provided.

~Diana Heimerdinger



Where's My Alleluia?

Why don't we say or by extension sing the Alleluia during Lent? Lent is a penitential season where we humbly acknowledging our brokenness and sin in the face of Christ's great sacrifice on the cross in a few short weeks. Instead of praising God we are asked to remember that we need a Savior. As early as the 5th century, part of the tradition has us burying the Alleluia on the Saturday afternoon before Septuagesima Sunday, the third Sunday before Ash Wednesday. In those days, the choirboys and the congregation would bury the word and not unearh it until Easter Sunday. Our youth people did this for us this year. I am dying to where they put it. Aren't you?



Discernment Committee

Our Discernment Committee will continue on Monday March 21st at 6:30 PM at the Church. Please bring a bible. If you don't have one we will provide one for you. Materials will be handed out on the first night. Be prepared to share information and to listen to others as they share. Thanks, Scott



The Colors of Lent

In a previous article, the color of the Lenten Season was discussed. Now is the time to change the color of the Lenten celebration from purple to red. Palm Sunday is the first service of Holy Week. The vestments and hangings will be changed to red. Red symbolized the anticipation and blood of Jesus' death.

Red will be used until Maundy Thursday, at which time the altar will be stripped. On Holy Saturday the color will change to white in celebration of Easter. The white color of the Easter Season will last for fifty days or to the time of Pentecost.

Holy Week Services

(at Resurrection unless specified)

March 24

7:00 pm Maundy Thursday Service

March 25

12:00 pm Stations of the Cross(St. Mary's)

7:00 pm Good Friday Service

March 26

7:00 pm Easter Vigil (Cathedral)

March 27

8:00 am Easter Sunday Service

10:00 am Easter Sunday Service



Worship Team

Pat Munts is beginning to work on the schedules for April, May, and June. If you have dates you cannot serve during those three months, please email Pat at pat@inlandnwgardening.com or call her at 924-4572.

Spring Means Rhubarb

Last summer, Pam froze rhubarb for our parish community. If you want to use some, it is in the door of the storage room freezer. Help yourself to a taste of Spring.



Garden Sign Up

If you are interested in using the Community Garden, a garden box sign-up sheet will be located in the church lobby after the 10am service for the next couple months. Reserve your box fee for \$35.

Good Friday – Stations of the Cross

On Good Friday (March 25th) at 12:00, St. Mary’s Catholic Church will hold their Good Friday – Stations of the Cross service. There will be soup and bread served following the education center.



Shower Seat

Deborah and Richard Chan have a shower seat, with a removable back, in like new condition, that they would like to offer to anyone who might need it. If you are interested in this item, please contact Deborah at 509-926-7787.



Music Workshop

For all who are interested in music here at Resurrection: There will be a special music workshop with Dent Davidson offered on Saturday April 9th at St. Stephen’s. This will have gathering time starting at 9:30, the workshop starts at 10 am and ends at 4 pm. There is no cost, and lunch is provided. In order to provide enough food, they need to know numbers. **Please call or email St. Stephen's directly to register.** The phone number is [\(509\) 448-2255](tel:5094482255) and the email is office@ststephens-spokane.com. Also, let Rev. Adam know of your interest. We are always looking for new ideas and ways to improve our worship together!

Assisting with Worship

March 20

SubDeacon:

8am: John Sahr
10am: Linda Bordwell

LEM:

8am: Pat Munts
10am:

Lectors:

8am: Cleo Clizer
10am: Martha Sherwin

Acolytes: Brooke & Collin
Geffrey-Bowler

Ushers: Tim Lape
Scott Oakshott

Altar Guild: Heidi Reese
Linda Barenz

Counters: Karen Gertson
Merry Young

YogiAlign

Have you ever wanted to try Yoga? Or wanted to start taking classes again? Lynn Weedmark will continue her YogiAlign class at the Episcopal Church of the Resurrection in 2016. This class will take place every Thursday from 5:30-6:30pm and best of all it is FREE. All fitness levels and ages are welcome!



CONTACTS

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pfsherwin@yahoo.com / (509)979-2204 (h)

Pastoral Care: Linda Bordwell

(509) 466-6631 (h)

(509) 638-7015 (c)

Church Leadership

Bishop

The Rt. Rev. James E. Waggoner Jr.

Priest Rev. Linda Bartholomew

Sr. Warden Martha Sherwin

Jr. Warden Dave Newton

Finance Chuck Schmitz

New Members Merry Young

Worship Pat Munts

Community Life

Education Scott Oakshott

Youth Minister Maura Buzby

Outreach Carol Allen

Communications Richard Chan

Please send all correspondence
(especially monetary) to:

**PO BOX 14771
Spokane, WA 99214**

Lessons for March 21

FIRST LESSON: (Isaiah 50:4-9a) The servant who speaks for the Lord and suffers persecution, but still trusts in God's help and vindication.

PSALM: (Psalm 31:9-16) A psalm of trust by one who looks to the Lord for mercy and protection.

SECOND LESSON: (Philippians 2:5-11) From one of the earliest Christian hymns we hear how Christ Jesus accepted the condition of a servant, was obedient even to the point of death, and was given the name above every name.

GOSPEL: (Luke 23:1-49) The story of Jesus' trial before Pilate and Herod, his final sufferings and death.



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