



Resurrection Review

January 27, 2016

Volume 19, Issue 4

Calendar of Events

Thursday, January 28

5:30 am YogiAlign

Saturday, January 30

9:00 am State Legislature
Conference

Sunday, January 31

Visit from World Relief

8:00 am Worship
10:00 am Worship

Tuesday, February 2

11:00 am Fiber Arts

Thursday, February 4

5:30 am YogiAlign

Sunday, February 7

8:00 am Worship
10:00 am Worship

Office hours: Mon 12-3pm, Tues, Wed, Fri 9am-12pm, Thur 10-1pm

On Being Spiritual – and Religious Adam Bartholomew

Many people today are inclined to publically declare, “I am spiritual – but not religious.” How can one be spiritual but not religious? What might anyone mean when she or he claims to be “spiritual”?

People who claim to be spiritual believe that life is powered by more than physical interactions within our bodies and between our bodies and our natural environment. They believe, for example, that healing of sickness involves more than surgical and medical treatment. Such treatment needs to be coupled with a good attitude about the outcome and lack of stress. We need to do more than swallow our pills. We need also to do such things as meditate. Such practices and states of mind are not governed by the laws of the natural world. They are radically free, like the wind. For this reason we describe them as “spiritual.”

We humans are unique species of animal. Like other animals we have a body that has remained basically unchanged in form since the emergence of *homo sapiens*. We have the same needs as any other animal: we breathe, eat, eliminate, reproduce, sleep, seek protection from the elements, and so on. But unlike other animals, we have an imaginative capacity that leads us to satisfy those needs in an incredible variety of ways. For example, we build elaborate houses and savor gourmet banquets, develop pillow-top mattresses. In doing such things, we have become agents of the evolution of the earth. We have altered our natural environment on a grand scale, to the point that our life style now threatens our very existence.

Beyond our imaginative ways of satisfying our physical needs, our brains endow us with a mental capacity that is not satisfied once we have devised ways of meeting our material needs, however elaborately. We have a need for knowledge that is boundless. In regard to what lies outside our bodies, we are conscious of the entire universe and devise ways of learning about its farthest reaches. Within our body, we want to know how our brains work, why we possess memory, what lies beneath the level of our conscious thought. Our need to know does not even stop at what we can learn about our universe and ourselves as constituent parts of it. We also want to know where it all came from and what might lie beyond our present life and experience.

Throughout human history, religious people have developed a vast array of concepts for speaking of what lies beyond the boundaries of the physical world and the perception of our senses and beyond the reach of those

*Fourth Sunday
after the Epiphany*

Continued on pg 2

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instruments we develop to extend our senses or physical abilities, centrifuges, for example. As humans share their thoughts what lies beyond these boundaries, this vast array tends to form streams of traditions we label philosophical or religious. The term “religious” tends to be applied to those traditions that speak of a non-material force that is personal and with which we can interact through language in dialogue.

Jesus lived within such a spiritual tradition. “The Spirit of the Lord is upon me,” he declared to the people he grew up with in Nazareth (Luke 4:18-19). The spiritual force he knew was invested in this material world and interacted with it to heal its brokenness. Jesus’ spiritual vocation was to bring God’s healing spirit to a new level of effectiveness and to summon all people to join in that vocation.

In baptism Christians believe we have received the same Spirit of the Lord that empowered Jesus. As spiritual people standing in the religious tradition of Israel and of Jesus as Israel’s Messiah, we believe that we can learn to know that Spirit more deeply by listening to the voices we hear echoed in this tradition and mediated to us through the Bible and the voices of Christians down through the centuries. As religious people, we seek to enrich our spiritual lives as participants in this ongoing conversation and exploration. This is what we mean when we declare that we are both “spiritual and religious.”



Bishop’s Visit

On Sunday, February 7th, Bishop Waggoner will be coming to Resurrection for hi annual visit. Please join us for his last official visit as our Bishop.

Shrove Tuesday Pancake Supper



Due to recent events, the Shrove Tuesday Pancake Supper has been cancelled.

Food Bank Volunteers

February is our month for volunteering and as with many years past we our asking our parishioners to sign up for a shift or two at the Spokane Valley Food Bank. **We currently have 2 shifts left to be filled. If you can help out on Feb 17 or Feb 24** please make sure to add your name to the sign-up sheet which can be found on the welcome table in the Parish Hall.



New to Our Church?

If you are new to our church, we’d like to get to know you more and make sure you are receiving important information about the church events. Please feel free to contact the office and let Jill know you would like to subscribe to the newsletter. 509-926-6450



Church Cleaners

The cleaning schedule for the church can now be found on our website at <http://resurrectionspokane.org/worship/> . Once you get to the worship page all schedules can be found at the bottom of the page.

Can't imagine the world without *The Episcopal Church of the Resurrection?*

Help us guarantee that our Church will reach future generations of dynamic and committed Christians: make a bequest to our Church in your will.

Upcoming 2016 Eastern Washington State Legislature Conference



Area faith leaders and nonprofit agencies will share information on critical issues—education, the environment, criminal justice, hunger, housing, jobs, education, justice, equality, taxes and more—before the Eastern Washington State Legislature on **Saturday, Jan. 30, from 9 a.m. to 3 p.m., at St. Mark’s Lutheran Church, 316 E. 24th Ave.** Organizers include The Fig Tree, Catholic Charities Spokane, the Faith Action Network and the Inland United Methodist District. For information, call 535-1813 or email mary@thefigtree.org, or click <http://www.thefigtree.org/newsreports.html>.

Assisting with Worship	
Jan 31	
SubDeacon:	
8am:	John Sahr
10am:	John Richardson
LEM:	
8am:	Pat Munts
10am:	
Lectors:	
8am:	Maxine Schmitz
10am:	Nils Wagenahals
Acolytes:	
	Lenore Hartwig
	Lila Hartwig
Ushers:	
	Bill Crane
	Janet Crane
Altar Guild:	
	Cheryl Albaugh
	Pam Wagenhals
	Val Schultes
Counters:	
	Tim Lape
	Dave/Ann Newton



Souper Bowl of Caring

FEBRUARY 7, 2016

Well The results are in and (insert drumroll) the good news is that the Broncos won, the bad news is that the Cardinals did not. Even if you're not a fan of these teams you can still show your support for the Spokane Valley Meals on Wheel on February 7th.

Carol Allen will have two baskets set up for donations. Just drop your coins or bills into the basket labeled with the team you want to win. All proceeds will go to the Spokane Valley Meals on Wheels. Take a stand for your favorite teams as well as a stand against hunger.

YogAlign

Have you ever wanted to try Yoga? Or wanted to start taking classes again? Lynn Weedmark will continue her YogAlign class at the Episcopal Church of the Resurrection in 2016. This class will take place every Thursday from 5:30-6:30pm and best of all it is FREE. All fitness levels and ages are welcome!



CONTACTS

Rev. Linda Bartholomew

lbartholomew1951@gmail.com

Office Hours: By Appt only.

Sr. Warden: Martha Sherwin

pfsherwin@yahoo.com / (509)979-2204 (h)

Pastoral Care: Linda Bordwell

(509) 466-6631 (h)

(509) 638-7015 (c)

Church Leadership

Bishop

The Rt. Rev. James E. Waggoner Jr.

Priest Rev. Linda Bartholomew

Sr. Warden Martha Sherwin

Jr. Warden Dave Newton

Finance Chuck Schmitz

New Members Merry Young

Worship Pat Munts

Community Life

Education Scott Oakshott

Youth Minister Maura Buzby

Outreach Carol Allen

Communications Richard Chan

Please send all correspondence
(especially monetary) to:

PO BOX 14771
Spokane, WA 99214

Lessons for January 31

FIRST LESSON: (Jeremiah 1:4-10) The story of the calling of Jeremiah to be a prophet of the Lord.

PSALM: (Psalm 71:1-6) The psalmist prays that God will continue to be his refuge and stronghold.

SECOND LESSON: (1 Corinthians 13:1-13) Christians in Corinth prided themselves on their spiritual gifts. Paul reminds them that God gives us many gifts through the Holy Spirit, but the purpose behind all of them is love, the kind of love that God showed us in Jesus Christ.

GOSPEL: (Luke 4:21-30) Jesus encounters opposition in the synagogue of his own town of Nazareth.



Episcopal Church of the Resurrection
15319 E 8th Ave
Spokane Valley, WA 99037
509-926-6450
office@resurrectionspokane.org